


The Chicago School of Colon Hydrotherapy

I-ACT

Foundation Level
School Catalog



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Our Philosophy

The Chicago School of Colon Hydrotherapy is an academic center guided by the natural healing arts where students receive in-depth training on the administration of colon hydrotherapy using both the closed and open systems.

We are complimentary healthcare practitioners who believe students should be developed to meet the highest standards of practice and client satisfaction. Through this training, we seek to contribute to the overall health of our community.

The Chicago School of Colon Hydrotherapy is associated with Prep Partners Training & Consulting in an essential relationship. The quality of our instruction is enhanced through students integrating course material with practical application.

We believe this integration enhances the learning environment, promotes excellence of practice, and develops critical thinking skills.

Directors

Dorothy Chandler, RN is an Illinois licensed Registered Nurse for over 30 years. She is an I-ACT national board certified colon hydrotherapy instructor. She serves as a member of the board of directors of I-ACT, and on the I-ACT education executive committee. Until recently served as the Midwest Regional Representative for I-ACT. Dorothy has provided several thousand colon hydrotherapy sessions on both the closed and open systems since 1996.

Dr. Milton Chandler, DN completed the Chicago National College of Naprapathy in 1977 and is a state licensed Naprapath, a manual medicine therapy. Dr. Chandler was certified as a colon hydrotherapist in 1979 from the Woods Colonic Institute. For almost 30 years, Dr. Chandler has provided several thousands sessions on both the closed and open systems. During his years of practice, Dr. Chandler has counseled many clients on maintaining their health with lifestyle changes and others on regaining their health using the combined therapies of spinal manipulation, proper nutrition, fasting, detoxification and colonic irrigations.

Instructors

Both Dorothy Chandler and Dr. Milton Chandler are licensed health care practitioners in the State of Illinois, and are national board certified I-ACT instructors. Both have completed the requirements for the designation of CNHP (Certified Natural Health Professional).

Each have been a student of Ionic Cleansing, Holistic Nutrition, Kinesiology (muscle testing), Iridology, Parasitology and Biological Ionization Testing.

Each have and continue to obtain continuing education hours to remain current in the natural health field.

Additionally, both have completed courses toward certification in Cranio-Sacral Therapy & Lymphatic Drainage with Dr. John Upledger's trainings.

Other Instructors at the Chicago School of Colon Hydrotherapy include both medical and natural health practitioners from the Chicagoland area.

These practitioners hold a license or certification in their field of expertise.

Code of Ethics

Remembering to work with honesty and integrity everyday

Understanding the ethics of touch, when to look at and how to listen to your client.

Recognizing the need to stay within our scope of practice.

Respect for your client, respect for yourself and protecting each persons privacy.

Lastly, be a safe practitioner, do no harm.

Class Etiquette

- Only prescription medications, nutritional supplements and/or health sustaining nutrients are permitted on the premises.
- If you have a communicable disease please discuss with director before applying to program.
- All client information is private, discussion of a clients condition, progress, or interests with anyone other than an instructor is prohibited.
- Phone calls to clients are not permitted.
- All cell phones must be off while in class or in client sessions.
- All client records are confidential and the property of the client and Prep Partners Training & Consulting. Students have access to this information solely for instructional purposes.
- We promote a professional and ethical learning environment.
- No discrimination on the basis of race, religion or sexual orientation is permitted.
- Rude, inappropriate or disrespectful behavior will not be permitted.
- Both systems of colon hydrotherapy are taught, being receptive to new ideas is encouraged.
- Students are expected to treat each other, staff, instructors and clients with the utmost respect at all times.
- Violation of these rules will result in immediate release from the program without exception:

Equipment Use and Purchase Requirements

I-ACT recommends the use of currently registered FDA equipment and only disposable speculums, rectal tubes, or rectal nozzles. However, should the Therapist use reusable speculums, these speculums should at a minimum, be autoclaved for sanitation and cleanliness(30minutes). Additionally, the autoclave unit must be tested and inspected by competent authority at least four times per year- maintain documentation. **(Under NO conditions should a disposable speculum or rectal tube be reused).**

I-ACT recognizes that the FDA classifies equipment used to instill water into the colon through a nozzle or speculum inserted into the rectum to evacuate the contents of the colon into three distinct classes; Class 1(Enema Kits), Class II and Class III are (Colon Irrigation Systems).

Equipment Use and Purchase Requirements

Follow the guidelines of your manufacturer, as approved by the FDA for the type of equipment or devices you are using. Make no claims as to the use of your device other than those approved by the FDA.

The FDA requires Class II devices to be sold on or at the order of a physician or healthcare practitioner. This may be different in each state. Ensure you are in compliance with your local, state, federal and country guidelines. Ensure equipment you purchase is cleared for use in your country.

Equipment Use and Purchase Requirements

I-ACT recognizes there are two distinct types of colon irrigation systems; open and closed systems. However, it is I-ACT policy that the colon hydrotherapist/technician is always in attendance/or is immediately available to the client throughout the session. The degree of assistance is to be in compliance with the instructions of the manufacturer of the equipment as registered with the FDA, and/or as directed by a physician.

The policy on insertion is to follow the instruction of the referring physician; the guidelines of the manufacturer as approved by the FDA; or the directives from the authority of your city, county, state, country ordinances.

Equipment Use and Purchase Requirements

I-ACT recommends that you do not put the initials (CT) for colon hydrotherapist after your name, write it out in full. According to most state laws, putting initials after your name is not allowed unless you are licensed or have a degree from an accredited professional school.

Advertising copy which states or implies that colon hydrotherapy can treat any disease, promise cure for any disease, or that makes unsubstantiated medical claims SHALL NOT be used.

Additionally, I-ACT recommends each therapist not using FDA registered equipment consider upgrading their equipment to FDA registered equipment in the very near future.

Foundation Level 1 I-ACT Certification Admission Criteria

Each student **MUST** have a high school diploma or equivalent. This must be documented by diploma, GED or equivalency exam.

Each student **MUST** have taken a CPR class and show proof that they have a current card.

All licensed healthcare/medical professionals must provide current licensure.

I-ACT recommends that each new student receive 1-3 colonics prior to entering training. This recommendation can be waived if the student has contraindications to receiving colonics.

Each student **MUST** be an I-ACT member prior to taking any I-ACT exam. The school or instructor may collect the application fee with payment and submit with completed transcript with testing fees.

Each student **MUST** have completed a post Secondary (or higher) Anatomy & Physiology Course of at least 3 credit hour (45 class hours) from a licensed institution or licensed post secondary provider. *** This must be completed no later than 1 year after training before certification.***

I-ACT Certification Requirements

1. Must send your resume and proof of all related education; Seminars completed, degrees and experience in both practice and theory. (Copies Please). Submitted to I-ACT office
2. Must send pictures of your facility showing waiting area, Colon Hydrotherapy room, bathroom, etc... Submitted to I-ACT office
3. Send a blank) copy of your Health Intake Form Submitted to I-ACT office
4. Must carry Liability Insurance (if desired) / provide a copy of the policy front page (or a statement saying you do not wish to carry insurance). Submitted to I-ACT office
5. Must take and pass an I-ACT Level 1 written exam . With your school or instructor
6. Give a 15 minute presentation on the digestive system. With your school or instructor

I-ACT 8 hour Class For Individuals Not Taking the 100 hour class

- If you are providing colon hydrotherapy services currently, you must travel to a Recognized School or instructor not related to you.
- Provide proof of having given 100 colon hydrotherapy sessions in the preceding year.
- Take and pass an I-ACT policy and procedure exam and the I-ACT certification test.
- Must be familiar with contraindications specific to the type of FDA registered equipment being used.
- Give 3 colonics, (recommend that one be given to the instructor) refer to: www.i-act.org

I-ACT 8 hour course requirements continued

- Give a 15 minute presentation on how to talk to a new client on the digestive tract, demonstrating their understanding and knowledge of the digestive system so that they will communicate relevant knowledge to a client effectively.
- Show proof that they have attended a CPR course and have a current CPR card.
- They must show proof of High School Diploma or equivalency exam such as the Wonderlich Ability to Benefit Test.
 - Must complete I-ACT membership application and pay applicable fees.
 - Must pay applicable fees for the test

Admission Requirements

All prospective students must:

- Be 18 years of age with no felony convictions.
- Have a high school diploma, GED, or Abilities of Benefit Test (Wonderlich Ability To Benefit Test)
- Must complete the online Anatomy & Physiology course, if applicable*
- Interview with school director in person or by phone
- It is strongly suggested that the prospective student have an agreement with a licensed healthcare practitioner in the state of planned business operations.
- Any student having a contraindication for colon hydrotherapy must provide a prescription from their primary care provider to receive colon hydrotherapy during training.
- It is suggested that you have personally experienced 1-3 colonic sessions within the past twelve months; unless contraindicated.
- Please send resume with proof of all related experience.
- Please submit **copy** of any license you possess.

Approximate Course Completion Time

Course Instruction

- Our program provides 120 classroom hours. 100 hours are required by I-ACT
- We use quizzes, tests class participation and class projects to determine final grades.
- We include a daily review of the body systems Anatomy and Physiology
- Vegetarian soups are included on clinical days

Internship– Full Time Students

- Students are required to complete 40 client sessions.
- All students will give and receive colon hydrotherapy sessions on both the closed and open systems during training.
- Prep Partners will supply the clients; in addition, students from the Chicagoland area may arrange to have friends/family come during this time for services.)
- ** Student Sessions are 1/2 price**

Tuition Foundation Level 1

Tuition for Foundation Level 1 classes

Application, Registration & Course Materials

Down payment of \$500.00 is required to began the process

\$100 of this down payment is Non-refundable.

- Course materials are mailed to student upon receipt of deposit.
- Course Instruction
- Clinical Internship- **40 client sessions**
- I-ACT membership is included
- Testing Fee is included
- CPR certification **Provided by student**
- Professional Liability Insurance **Paid by student.**
- Admission application will be mailed to student
- **Total Tuition \$3000.00 Must be paid in full before 1st day of class.**

Tuition Payment Policy

Tuition Payment Policy

- The Chicago School of Colon Hydrotherapy requires the following payments for all students:

Payment Due

- Down payment: At time of registration \$500.00
- 1/3 of outstanding balance due 45 days before 1st day of class
- 1/3 of outstanding balance due 20 days before 1st day of class
- Remaining Outstanding Balance by 1st day of class
- Outstanding tuition balance must be paid in full upon start of program
- Fees for the online Anatomy & Physiology course are provided separately.
- Course Fees are refundable within 3 business days, excluding Weekends & Holidays before first day of course. ** Course materials are not returnable if opened.**

Holidays Observed

- Dr. ML King Day
- Easter
- Memorial Day
- 4th of July
- Labor Day
- Thanksgiving Day
- Christmas Eve and Day
- New Year's Eve and Day

Course Outline

- Anatomy & Physiology
- Anatomy & Physiology
- Anatomy & Physiology
- Colon Hydrotherapy
- Health & Sanitation
 - Stress Management
 - Human Relations
 - Disease & Infection
 - Sanitizing
 - Personal Hygiene
 - Therapeutic Exercise
 - Physical Development
- *Prerequisite Online Study*
Test in class 45 hours
- Digestive Anatomy
40 hours
- Review of Body Systems
5 hours
- History, Theory, Practice
10 hours
- 5 hours

Course Outline

- Business Ethics & Office Procedures
 - HIPPA
 - Starting up in Illinois
 - Scheduling
 - Client follow up
 - Working with medical community

5 hours
- Indications/
Contraindications
 - Cardiovascular
 - Gastrointestinal
 - Renal
 - Respiratory

5 hours

Course Outline

- Complimentary Modalities
5 hours
 - Craniosacral Therapy
 - Upledger
 - Infrared Sauna
 - Ion Foot Detox
 - Alkaline Water
 - Enzyme Therapy
 - Juice Therapy
 - Herbs/Nutritional Supplements
 - Digestive Wellness Consultant
 - Massage
 - Yoga
 - Reflexology

- Internship
60 hours
 - 40 client sessions
 - Client feedback on each session

Course Descriptions

Digestive Anatomy

Students will study all aspects of digestive anatomy and physiology. Research projects will be assigned prior to the start of class and will count toward final grade.

Internship

Students will complete 40 client sessions. After each session student will complete documentation of the session. Each client will complete an evaluation of the students performance.

Complimentary Modalities

Students will be exposed to several listed therapies
Class discussion on using these therapies with your clients.

Course Descriptions

Health & Sanitation

This session will cover the proper sanitation of the devices & your office, therapeutic exercise and stress management.

Business Ethics & Office Procedures

Starting your business, getting prescriptions, working with the medical community. Scheduling appointments, & talking with potential clients.

Anatomy & Physiology Review

Test first day to assessment knowledge
Daily review of body systems

Indications/Contraindications/Precautions

Review of heart, respiratory, kidney and gastrointestinal systems.

Class Structure

Student / Instructor Ratio and Class Size

Student/Instructor Ratio is 2:1

Dress Code

During class instruction, causal dress is permitted
During client sessions students must wear scrubs that are clean and undamaged.

No shorts or revealing tops are allowed at any time.
No jewelry is allowed except for post earrings and wedding bands.

Nails are to be kept clean, short and filed.

A name tag will be provided.

Student Services

Previous Education or Training

The Chicago School of Colon Hydrotherapy does not grant credit for previous education or training. Students must complete the entire 120 hour course, including 40 client sessions and take the certifying exam.

Previous A & P must be no more than 10 years old.

Student Transcripts

Records of dates of attendance, course of instruction And grades are maintained for all students. This information is available upon request from the school.

This information is also shared with I-ACT as part of the certifying process.

Student Housing

Housing is available to students through local hotels, youth hostels and extended stay hotels close to our location. This information will be provided upon registration.

Student Complaints/Grievance

Student Complaints

The following is an excerpt from the Illinois
Administrative Code Section 451.590
Student Complaints

- a) A school shall resolve student complaints promptly and fairly and shall not subject a student to punitive action because of written grievances having been filed with the school or the Superintendent.

- b) The school shall maintain a written record of its handling of all student complaints.

Refund Policy

Refund Policy

The following is an excerpt from the Illinois Administrative Code:

Section 451.530 Student Obligations, Cancellation and Refund Policies

The following definition, in addition to those found in Section 1 of the Act, shall apply to the school's policies for the assessment of student fees and for obligations and refunds:

"Class day" is any day on which instruction is provided by the school and on which the student is scheduled to attend; not included are holidays, scheduled vacation periods, other days on which instruction is not provided, and periods for which a student is granted a leave of absence.

Refund Policy

2) A school shall maintain accurate current records that make possible prompt return of funds in the correct amount.

3) In the event a student gives notice of withdrawal, the school is obligated to refund the cost of only those books and materials purchased for the current or future terms if the books and materials have been returned to the school unmarked.

A) A school charging for books and materials, including software, shall maintain in the student's file a receipt with the book title or name of item, amount charged and date purchased.

B) A school charging for books and materials, including software, shall maintain for three years a list of these items used for each subject area and the exact charge for each.

Refund Policy

Cancellation

A student may cancel his enrollment within three business days of signing the Enrollment Agreement. In the event that a student cancels his enrollment, all monies paid will be refunded. If a student cancels his enrollment after three business days but prior to the first day of class attendance, the student will receive a refund of all monies paid, except for the non-refundable registration fee. ** Books, class materials are not refundable if opened** Students are asked to submit requests for cancellation in writing to the school.

Refund Policy

If the school rejects a student application, all payments will be refunded. Refunds will be calculated as a percentage of the program completed from the student's last date of attendance. Completion percentage for credit hour programs is calculated on the number of weeks completed to the number of weeks in the program.

Refund Policy

Program Termination/Cancellation

In the event classes are permanently cancelled by the school, the student will be entitled to a refund of any tuition monies already paid for their cancelled classes.

Program Changes and Cancellation:

The school reserves the right to limit enrollment in each of its programs. Students are enrolled for class starts on a space-available basis. Students who have provided all entrance documents prior to the class start may be given priority in admission over students provisionally accepted pending receipt of entrance documents.

Refund Policy

Program Changes and Cancellation cont:

The program contents, training materials and schedule may be changed without notice; however, this will be done without additional expense to the student except for expendable supplies.

The school reserves the right to delay class starts when the number of students scheduled to start the next phase of training is too small economically to begin the class. The interruption or delay will not exceed one training phase, and the tuition rate for students affected will not be changed.

The school reserves the right to postpone the student's starting date at its sole discretion. A student may elect to accept the new class start date or to have all monies refunded.

Refund Policy

Student's Failure to Meet Obligations:

The school reserves the right to terminate a Student's enrollment for failure to maintain satisfactory academic progress, failure to pay tuition or fees by applicable deadlines, disruptive behavior, posing a danger to the health or welfare of students or other members of the school's community, or failure to abide by its policies and procedures.

The school can discontinue a student's enrollment status, not issue grades, and deny requests for transcripts should a student not meet all of his/her financial and institutional obligations.

To File Complaint/Grievance

Complaints against the school may be registered with the Illinois State Board of Education by sending a letter to either of the following addresses:

Illinois State Board of Education
Private Business and Vocational School Unit
100 North First Street
Springfield, Illinois 62777-0001
(217) 782-2221

Illinois State Board of Education
Private Business and Vocational School Unit
100 West Randolph Street, Suite 14-300
Chicago, Illinois 60601-3407
(312) 814-2236

I-ACT
Attention: Grievance Committee
P.O. Box 461285
San Antonio, TX 78246-1285
210-366-2888